

Parcours Essentiel Marc Mességué

3 nights/4 days - 4 nights/5 days - 7 nights/8 days - 9 nights/10 days

The package includes:

- Full board accommodation with personalized diet (from the dinner of the arrival day to the lunch of the departure day)
- Phytotherapeutic check-up conducted by Marc Mességué (height, specific herbal treatments, specific diet)
- Medical consultation with Dr. Roberto Merani
- Hand-baths*, foot-baths**, inhalations** with herbal decoctions every day
- Personalized exercises in the gym and pool, postural exercises and group walks with a personal trainer every day*
- Access*** to the Spa (Finnish saunas, Mediterranean bath, Turkish bath, relaxation area, emotional showers)
- Access*** to the Hydromassage Room (thalassic tub, circular hydromassage, hydromassage with magnesium and potassium enriched water)

Beauty and medical or physiotherapeutic treatments are on request and require payment. Antigenic test for SARS-CoV-2 detection free of charge, on request

*excluding the day of arrival and the day of departure

**excluding the day of arrival

*** according to the daily program

PARCOURS ESSENTIEL – 2023 PRICE LIST

PRICES ARE VALID FROM 13TH JANUARY TO 2ND JULY 2023

EXCEPT OF EASTER PERIOD, PLEASE SEE BELOW****

A) RATE PER PERSON	3 nights/4 days	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 1.470,00	€ 1.940,00	€ 3.010,00	€ 3.825,00
Deluxe Double for sgl use	€ 1.605,00	€ 2.120,00	€ 3.325,00	€ 4.230,00
Mességué Double	€ 1.275,00	€ 1.672,00	€ 2.548,00	€ 3.240,00
Deluxe Double	€ 1.365,00	€ 1.792,00	€ 2.758,00	€ 3.510,00

EASTER FROM 01ST TO 18TH APRIL 2022, AUGUST (FROM 05TH AUGUST TO 04TH SEPTEMBER)

AND FROM 29TH DECEMBER 2022 TO 08TH JANUARY 2023****

B) RATE PER PERSON	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 2.152,00	€ 3.360,00	€ 4.248,00
Deluxe Double for sgl use	€ 2.332,00	€ 3.675,00	€ 4.653,00
Mességué Double	€ 1.840,00	€ 2.800,00	€ 3.600,00
Deluxe Double	€ 1.960,00	€ 3.010,00	€ 3.870,00

The Cappuccini Stay for accompanying persons is based on best available rates at time of booking and includes: full board accommodation, open access to the spa and to the water park.

The above mentioned rates are per person, per stay, inclusive of VAT and valid for reservation made from 27th December 2022 onwards. Occupancy Tax not included in the rates: an extra amount of € 2,00 per person per night (not applicable to children under 12 years old and up to a maximum 4 day consecutive stay) will be applied.

****Please check Calendar to see the weeks dedicated to Marc Mességué treatments



Parcours Complet Marc Mességué

4 nights/5 days - 7 nights/8 days - 9 nights/10 days

The package includes:

- Full board accommodation with personalized diet (from the dinner of the arrival day to the lunch of the departure day)
- Phytotherapeutic check-up conducted by Marc Mességué (height, specific herbal treatments, specific diet)
- Height check-up on alternate days and prescription of therapy to be continued
- Medical diagnosis with clinical, laboratory and instrumental check-up (Dr. Roberto Merani)
- Daily medical assistance; Body composition assessment
- Hand-baths*, foot-baths** and inhalations with herbal decoctions every day
- Personalized exercises in the gym and pool, postural exercises and group walks with a personal trainer every day*
- Access*** to the Spa (Finnish saunas, Mediterranean bath, Turkish bath, relaxation area, emotional showers)
- Access*** to the Hydromassage Room (thalassic tub, circular hydromassage, hydromassage with magnesium and potassium enriched water)
- No. 1 exfoliating body massage
- No. 1 body massage and facial treatment
- No. 1 body massages (5 days' package), No. 4 body massages (8 days' package) or No. 6 body massages (10 days' package)
- No. 1 tailored heat or cold treatment (5 days' package), No. 3 tailored heat and cold treatments (8 days' package) or No. 4 tailored heat and cold treatments (10 days' package).
- No. 1 back and leg massage (25 minutes) or beauty treatment for hands (last day)
- No. 1 facial treatment (8 days' packages), No. 2 facials (10 days' package)

Antigenic test for SARS-CoV-2 detection free of charge, on request

**excluding the day of arrival and the day of departure*

***excluding the day of arrival*

**** according to the daily program*

PARCOURS COMPLET – 2023 PRICE LIST

PRICES ARE VALID FROM 13TH JANUARY TO 2ND JULY 2023

EXCEPT OF EASTER PERIOD, PLEASE SEE BELOW****

A) RATE PER PERSON	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 2.360,00	€ 3.878,00	€ 4.950,00
Deluxe Double for sgl use	€ 2.540,00	€ 4.193,00	€ 5.355,00
Mességué Double	€ 2.096,00	€ 3.409,00	€ 4.320,00
Deluxe Double	€ 2.216,00	€ 3.619,00	€ 4.590,00

NEW YEAR'S DAY (FROM 29TH DEC 2022 TO 8TH JAN 2023) AND EASTER (FROM 31ST MARCH TO 10TH APRIL 2023)****

B) RATE PER PERSON	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 2.620,00	€ 4.305,00	€ 5.535,00
Deluxe Double for sgl use	€ 2.800,00	€ 4.620,00	€ 5.940,00
Mességué Double	€ 2.308,00	€ 3.745,00	€ 4.770,00
Deluxe Double	€ 2.428,00	€ 3.955,00	€ 5.040,00

The Cappuccini Stay for accompanying persons is based on best available rates at time of booking and includes: full board accommodation, open access to the spa and to the water park

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