

Parcours Essentiel Marc Mességué

3 nights/4 days - 4 nights/5 days - 7 nights/8 days - 9 nights/10 days

The package includes:

- Full board accommodation with personalized diet (from the dinner of the arrival day to the lunch of the departure day)
- Phytotherapeutic check-up conducted by Marc Mességué (height, specific herbal treatments, specific diet)
- Medical consultation with Dr. Roberto Merani
- Hand-baths* and foot-baths** with herbal infusions every day
- Exercises in the gym and pool and group walks with a personal trainer every day*
- Access*** to the Spa (Finnish saunas, relaxation area, emotional showers)
- Access*** to the Hydromassage Room (thalassic tub, circular hydromassage, hydromassage with magnesium and potassium enriched water)

Beauty and medical or physiotherapeutic treatments are on request and require payment. Antigenic test for SARS-CoV-2 detection free of charge, on request

*excluding the day of arrival and the day of departure

**excluding the day of arrival

*** due to the anti-covid 19 measures, access is restricted

PARCOURS ESSENTIEL – 2021 PRICE LIST

PRICES ARE VALID FOR ALL YEAR LONG EXCEPT OF AUGUST AND NEW YEAR'S EVE PERIOD PLEASE SEE BELOW***

A) RATE PER PERSON	3 nights/4 days	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 1.315,00	€ 1.730,00	€ 2.695,00	€ 3.445,00
Deluxe Double for sgl use	€ 1.435,00	€ 1.820,00	€ 2.975,00	€ 3.805,00
Mességué Double	€ 1.135,00	€ 1.490,00	€ 2.275,00	€ 2.905,00
Deluxe Double	€ 1.210,00	€ 1.590,00	€ 2.450,00	€ 3.130,00

FROM 30th JULY TO 29th AUGUST 2021 AND FROM 28th DECEMBER 2021 TO 09th JANUARY 2022***

B) RATE PER PERSON	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 1.850,00	€ 3.010,00	€ 3.850,00
Deluxe Double for sgl use	€ 2.010,00	€ 3.290,00	€ 4.210,00
Mességué Double	€ 1.570,00	€ 2.520,00	€ 3.220,00
Deluxe Double	€ 1.670,00	€ 2.695,00	€ 3.445,00

The Cappuccini Stay for accompanying persons is based on best available rates at time of booking and includes: full board accommodation, open access to the spa and to the water park.

The above mentioned rates are per person, per stay, inclusive of VAT and valid for reservation made from 7th May 2021 onwards. Occupancy Tax not included in the rates: an extra amount of € 1,70 per person per night (not applicable to children under 12 years old and up to a maximum 4 day consecutive stay) will be applied.

***[Please check Calendar to see the weeks dedicated to Marc Mességué treatments](#)



Parcours Complet Marc Mességué

4 nights/5 days - 7 nights/8 days - 9 nights/10 days

The package includes:

- Full board accommodation with personalized diet (from the dinner of the arrival day to the lunch of the departure day)
- Phytotherapeutic check-up conducted by Marc Mességué (height, specific herbal treatments, specific diet)
- Height check-up on alternate days and prescription of therapy to be continued
- Medical diagnosis with clinical, laboratory and instrumental check-up (Dr. Roberto Merani)
- Daily medical assistance; Body composition assessment
- Hand-baths* and foot-baths** with herbal decoctions every day
- Personalized exercises in the gym and pool, postural exercises and group walks with a personal trainer every day*
- Access*** to the Spa (Finnish saunas, relaxation area, emotional showers)
- Access*** to the Hydromassage Room (thalassic tub, circular hydromassage, hydromassage with magnesium and potassium enriched water)
- No. 1 exfoliating body massage
- No. 1 body massage and facial treatment
- No. 1 body massages (5 days' package), No. 4 body massages (8 days' package) or No. 6 body massages (10 days' package)
- No. 1 tailored heat or cold treatment (5 days' package), No. 3 tailored heat and cold treatments (8 days' package) or No. 4 tailored heat and cold treatments (10 days' package).
- No. 1 back and leg massage (25 minutes) or beauty treatment for hands (last day)
- No. 1 facial treatment (8 days' packages), No. 2 facials (10 days' package)

Antigenic test for SARS-CoV-2 detection free of charge, on request

*excluding the day of arrival and the day of departure

**excluding the day of arrival

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PARCOURS COMPLET – 2021 PRICE LIST

PRICES ARE VALID FOR ALL YEAR LONG EXCEPT OF AUGUST AND NEW YEAR'S EVE PERIOD PLEASE SEE BELOW***

A) RATE PER PERSON	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 2.110,00	€ 3.465,00	€ 4.435,00
Deluxe Double for sgl use	€ 2.270,00	€ 3.745,00	€ 4.795,00
Mességué Double	€ 1.870,00	€ 3.045,00	€ 3.895,00
Deluxe Double	€ 1.970,00	€ 3.220,00	€ 4.120,00

FROM 30th JULY TO 29th AUGUST 2021 AND FROM 28th DECEMBER 2021 TO 09th JANUARY 2022***

B) RATE PER PERSON	4 nights/5 days	7 nights/8 days	9 nights/10 days
Mességué Double for sgl use	€ 2.230,00	€ 3.780,00	€ 4.840,00
Deluxe Double for sgl use	€ 2.390,00	€ 4.060,00	€ 5.200,00
Mességué Double	€ 1.950,00	€ 3.290,00	€ 4.210,00
Deluxe Double	€ 2.050,00	€ 3.465,00	€ 4.435,00

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